

## SFB1423 Retreat of the Project Leaders and Members

Venue: Hotel Kloster Nimbschen, Grimma

SFB 1423

Projekt ID 421152132

Spokesperson

Prof. Beck-Sickinger abeck-sickinger@uni-leipzig.de

Date: 8. November 2024

## **Program**

	03.12.2024		04.12.2024	
		Breakfast		Breakfast
11:00 Arrival	09:00 – 11:30	Topic 2	09:00 – 15:00	Project Leader Meeting
		Chair Schöneberg		Schreibklausur
Member Meeting		Poster Session		
Lunch + break	12:00 – 13:00	Lunch + break	12:00 – 13:00	Lunch + break
Topic 1	13:00 – 15:30	Topic 3		
Chair Stäubert		Chair Elgeti		
Poster Session		Poster Session		
Inclusive Leadership as a means to excellence in science and academia*	16:00 – 18:00	Topic 4	15:00	Departure
Phaedria Marie St.Hilaire		Chair Bock/Lohse		
Doctoral Meeting		Poster Session & Awarding		
Taskforce Physiology and Translation (Scholz/Kühnen)				
Dinner	18:00 – 21:00	Dinner		
	Member Meeting  Lunch + break  Topic 1  Chair Stäubert  Poster Session  Inclusive Leadership as a means to excellence in science and academia*  Phaedria Marie St.Hilaire  Doctoral Meeting  Taskforce Physiology and Translation (Scholz/Kühnen)	Member Meeting  Lunch + break  12:00 – 13:00  13:00 – 15:30  Chair Stäubert  Poster Session Inclusive Leadership as a means to excellence in science and academia*  Phaedria Marie St.Hilaire  Doctoral Meeting  Taskforce Physiology and Translation (Scholz/Kühnen)	Chair Schöneberg  Poster Session  Lunch + break  Topic 1  Chair Stäubert  Poster Session  Chair Stäubert  Chair Stäubert  Poster Session  Inclusive Leadership as a means to excellence in science and academia*  Chair Bock/Lohse  Poster Session  Topic 4  Chair Bock/Lohse  Poster Session & Awarding  Taskforce Physiology and  Translation (Scholz/Kühnen)	Chair Schöneberg  Poster Session  Lunch + break  12:00 – 13:00  Lunch + break  12:00 – 13:00  Chair Stäubert  Chair Stäubert  Poster Session  Inclusive Leadership as a means to excellence in science and academia*  Phaedria Marie St. Hilaire  Coctoral Meeting  Faskforce Physiology and Franslation (Scholz/Kühnen)  Chair Schöneberg  Poster Session  Lunch + break  12:00 – 13:00  Chair Elgeti  Poster Session  16:00 – 18:00  Topic 4  15:00  Chair Bock/Lohse

- **Topics;**1. GPCR physiological role of biased signaling for function
- 2. Allosteric Modulation of GPCR activation (modulators, fluids, lipids)
- 3. Role of conformational equilibrium for signaling
  4. GPCR in endogenous systems, how local orientation and concentration may effect signals





# \*Inclusive Leadership as a means to excellence in science and academia for Project Leaders & PostDocs + 3<sup>rd</sup>/4<sup>th</sup> year PhD students (max 30 persons)

Phaedria Marie St. Hilaire, P M Consulting ApS

### **Abstract**

It is well established that diversity and inclusion in an organisation leads to superior results and greater collective excellence, provided the teams are well managed. This seminar will be in two parts: a lecture with Q&A and a mini workshop. During the lecture, we will delve into the unique challenges faced by women in academia as they ascend to leadership roles. Participants will obtain a comprehensive analysis of the current landscape, focusing on issues such as unconscious and cultural biases microaggressions, and systemic barriers that often impede women's progress. We will discuss the role of inclusive leadership in promoting inclusion and other strategies that successfully promote a more equitable work environment.

In the mini workshop, participants, through individual reflective and group exercises, will create practical strategies and actionable items on how to cultivate a culture where everyone feels valued, respected, and has equal opportunity to excel and to contribute to the collective success.

### **Session Structure**

Lecture (50 min): The lecture will present an in-depth examination of the global challenges women encounter in science leadership roles. Key topics will include the impact of diversity and inclusion, cultural biases, and organizational practices that hinder advancement. The session will also highlight successful case studies of women leaders in science.

### **Key Topics covered during the lecture**

- Gender diversity: the underrepresentation of women across various scientific disciplines and regions.
- Understanding the challenges: the specific obstacles women encounter in leadership positions, including gender stereotypes, unconscious biases, microaggressions and cultural expectations
- Effective inclusive leadership: what are inclusive leadership competencies? How can they be used for foster inclusion and collaboration.
- Breaking down barriers: strategies to dismantle these barriers and create a more inclusive and equitable environment; Work-Life Balance, the importance of mentorship and sponsorship.

Q&A (10 minutes): An interactive segment allowing participants to engage with the speaker, ask questions, and discuss the lecture content.

Break (10 min)

Workshop (50 min): Participants will engage in individual reflective and group activities to identify areas of improvement within their institutions and to develop actionable items to improve the status quo.

