

Stay productive in your home office – online workshop for Doctoral candidates

Doing everything now in home office can be a real challenge. This online workshop will support you to stay productive and motivated.

Topics of the workshop:

- How to structure your day in home office?
- What does it mean to be productive now? What to do and how to do it?
- How to organize cooperation in home office?
- It's a perfect time for writing – some impulses.
- Working with motivation – how to overcome demotivation and procrastination

How do we work: short impulses by trainer. Exchange of ideas and solutions. Online collaboration.

Date: 6 May 2020, 3 – 5 pm

7 May 2020, 1 – 3 pm

Two appointments, two hours each. First appointment is for first ideas and impulses. Second appointment to discuss your results and to tailor approaches more to your individual situation.

What do you need?

We use zoom.us. You can join the meeting without an account, but it is more convenient with. You need a webcam and an internet connection fast enough to transfer the video stream.

Trainer: Dr. Matthias Schwarzkopf counsels scientists in all relevant questions concerning their careers.

Participation:

Max. Number: 10

Contact

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Registration

Please send an e-mail with your name, project and graduate school.
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